

# T.C.Y

**The Courtyard Bar & Restaurant.**  
**01304366661** **tcydeal@gmail.com**

## Brunch & Lunch

**Egg Benedict (ham) - £7.50**    **Egg Florentine (spinach) - £6.50**    **Egg Royal (smoked salmon) - £7.50**  
(GFA)

Two English muffin halves with a choice of ham, spinach or smoked salmon each topped with a poached egg and hollandaise sauce.

Full English -                      Sausage, Bacon, Mushrooms, Grilled tomatoes, black pudding                      £9  
(G)                                      fried egg, Hash Browns, Beans and Toast  
Coffee, Tea or fruit juice is included.

All extras                                      £1.50  
Why not Double up                      £14

Prawns -                      Classic prawn cocktail with Mary rose sauce.                                      £7.50

Scallops -                      Caramelized scallops with cauliflower puree, cauliflower beignets, bacon  
And lemon oil.                                      £12

Seabass -                      Locally caught deal seabass with new potatoes, samphire, chorizo  
salad and red pepper dressing.                                      £25

Mussels -                      Served in a creamy white wine and leek sauce with rustic fries and  
an artisan roll.                                      £14

Seafood linguine, mussels, prawns, squid, cockles in a rich tomato sauce and garlic  
bread.                      (GFA)                                      £13

Beer battered cod, rustic fries and mushy peas.                      (GFA)                                      £14

Gammon with fried egg, peas and rustic fries.                                      £11

Wild Boar Sausages served with mashed potato, peas and a onion gravy.(G)                                      £12

Beef burger with smoked cheddar, bacon, iceberg, tomato, onion and relish  
in a gourmet bun. Served with rustic fries.                                      £14

### Allergy guide:

V-Vegetarian

VG-Vegan

VGA-Vegan available

G-Contains Gluten

GFA-Gluten free available

**P.T.O**

**Any allergies or concerns please speak with a member of staff before ordering.**

**8oz Sirloin steak- £21.50****6oz Fillet steak -£27.50**

All served with rustic fries, garlic mushrooms, corn on the cob  
and grilled tomato with a choice of sauces

Garlic butter – Peppercorn - Red wine - Blue cheese £2

Chicken fajita salad with grated cheese.	£10.50
Roasted butternut and sage risotto served with parmesan crisp and truffle oil.	£11
Portobello burger Baked portobello mushrooms topped with caramelized onions and Smoked cheddar cheese in a gourmet bun with iceberg lettuce, red onion, gherkin and a side of rustic fries. (VGA-V)	£12
Penne pasta arrabbiata – penne mixed through Mediterranean vegetables and olives in a Tomato sauce served with garlic bread. (GFA-V-VGA)	£10.50

### Wraps & Ciabattas

All served with side salad and rustic fries.

Please feel free to add or takeaway ingredients of your choice  
to suit your needs or requirements. Additional charges may apply.

Falafel wraps with avocado, crispy red onion, tahini sauce and drizzled with tangy chilli sauce. (G-V-VG)	£7
Prawn and avocado with iceberg lettuce and Mary rose sauce.	£8
Smoked salmon, cream cheese and cucumber.	£7
Ham and isle of mull cheddar cheese.	£6.50
Fish finger wrap with tartar sauce. (G)	£7
Chicken fajita and cheddar cheese.	£8
Sausage and bacon.	£6.50
Bacon and cheddar cheese.	£6.50
Buffalo mozzarella, vine tomato and fresh basil leaves (V)	£6.50
Cheddar cheese and red onion dressing (V-VGA)	£6

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