

T.C.Y

The Courtyard Bar & Restaurant.
01304366661 **tcydeal@gmail.com**

A'La Carte Menu Starters:

Soup- (VG-V-GFA)	Of the day served with a warm artisan roll.	£6
Salmon Tian	Hot smoked salmon with cucumber, beetroot, soft boiled Quails egg and lemon oil.	£7.50
Scotch Egg - (G)	Pork and sage with a hint of black pudding, runny yolk, crispy pancetta salad and cauliflower piccalilli.	£7.50
Chowder -	Smoked haddock, leek and pancetta in a creamy sauce, Served with herby garlic bread.	£7
Mussels - (GFA)	Steamed in a spicy thai coconut broth and served with a bread roll. Or main portion served with rustic fries	£7 £14
Skewers - (G-GFA)	Chicken marinated in tandoori spices served with a citrus yoghurt and pitta. Or main portion served with rustic fries.	£7 £14
Veggie Tart - (VG-V-G)	Filled with artichoke, feta, olive, red onion in a puff pastry case Served with a red pepper dressing.	£7.50

Allergy guide:

V-Vegetarian

VG-Vegan

VGA-Vegan available

G-Contains Gluten

GFA-Gluten free available

Any allergies or concerns please speak with a member of staff before ordering.

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Mains:

Chicken schnitzel - (GFA-G)	Chicken breast coated in breadcrumbs, sautéed in butter. With new potatoes, salad and drizzled with a garlic & lemon butter.	£18
Ottoman - (G-V-VG)	Falafal, spanacotta with an aubergine and pomegranate salad, tabouleh, onion puree and a pomegranate molasses dressing. Add kofta for	£16 £5
Meatloaf - (GFA-G)	Wrapped in bacon, served with dauphinoise potatoes, green beans and mushroom fricassee, onion puree, shallot onion rings and a wholegrain mustard sauce.	£17
Sliders - (3 mini burgers) (G)	Beef burger with applewood smoked cheddar and burger relish. Pulled pork with Monterey jack cheese and apple sauce. Lamb kofta with tziki. All with iceberg lettuce, red onion, gherkin and a side of rustic fries.	£15
Pork - (GFA)	Tender loin, cheek, belly and crackling served with mashed potato caramelized apples, black pudding, seasonal veg and cider gravy.	£21
Salmon - (G)	Wellington filled with spinach and cream cheese served with new potatoes, green beans, caviar, shaved fennel salad and beurre blanc.	£20

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Portobello burger - Baked portobello mushrooms topped with caramelized onions and **£14**
(GFA-VGA-V) Smoked cheddar cheese in a gourmet bun with iceberg lettuce,
red onion, gherkin and a side of rustic fries.

Plaice - Grilled flat fish from Rye served with a herb crust, new potatoes, **£17**
(GFA) green beans and a lemon and caper butter.

Mixed Grill - Sausage, gammon, chicken, sirloin steak and lamb chop served with **£26**
with rustic fries, garlic mushrooms and grilled tomato.

16oz Porterhouse - £40

8oz Sirloin steak- £21.50

6oz Fillet steak -£27.50

(GFA) All served with rustic fries, onion rings, garlic mushrooms, corn on the cob
and grilled tomato with a choice of sauces

Garlic butter – Peppercorn - Red wine - Blue cheese £2

32oz Porterhouse - Served as a sharer with the same steak compliments and the sauces **£75**
(GFA) of your choice

Sides:

Fricasse of green beans and mushrooms	(VG-V)	£5
Portion of seasonal vegetables	(VG-V)	£5
Garlic bread (G) £2.75	with cheese (G-V)	£3.50
Side salad	(VG-V)	£3.50
Four grilled king prawns fried in garlic butter		£7.50
Wilted spinach with garlic and new potatoes	(VG-V)	£4.50
Buttered new potatoes and chives	(VG-V)	£4
Bread with oil and balsamic	(VGA-V)	£2.50
Rustic Fries	(VG-V)	£3

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Desserts:

Ginger parkin -	Served with Spiced poached pear, Pear syrup and vanilla ice cream.	£6
Dark chocolate		
Marquis -	Served with Chantilly cream and summer berry compote.	£6.50
Pancakes - (G)	American style thick pancakes served with fresh berries and a drizzle of fruit puree or banana and maple syrup.	£7
Zalud cheesecake - (G)	Lemon and Lime zesty with a caramel and gingernut biscuit base and glazed bananas.	£7
Cheese board -	Kentish selection of cheeses served with a mixture of crackers, grapes, and a red onion chutney	£7.50
Chocolate Gateau - (VG)	Served with summer berry compote and vanilla ice cream.	£7.50
Solleys ice cream -	A choice of a selection of ice creams with a sprinkle of marshmallows, chocolate sprinkles, whipped cream and a wafer. Vanilla – Chocolate – Strawberry – Jamaican rum raison	
	1 scoop - £2.50 2 scoop - £4.50 3 scoop - £6.00	

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